HOME STYLE DINING

Pass the Plate

Beginning in January Arlington will offer home style dining the first and third Saturdays of each month. “Pass the Plate” will include all you can eat fried chicken, mashed potatoes, corn, cole slaw and rolls with butter. The cost for adults will be $9.95 and children 10 and under will be $6.95. Drinks sold separately. Due to Arlington being closed January 1-15, the first “Pass the Plate” will begin on January 17. Reservations preferred. For Reservations call 622-2200.

R.A.D.
Self-Defense for Women

Arlington Association in conjunction with the EKU Police Department will be hosting a self-defense class for our female members and guests. A minimum of six participants are needed for all courses. Registration is free.

This is a 12 hour course split into several days. The first class will begin on Tuesday, February 2 at 7:00 pm. In this course you will learn about: risk recognition, reduction, awareness and avoidance. Basic self defense techniques are learned, practiced and used during a simulated attack. This course will be by reservation only.

Children’s Etiquette Class

Arlington Association in conjunction with Career Services will be offering a Children’s Etiquette Class on Saturday, January 24. The class will be for ages 7-14 and the cost will be $7.95 per child and will feature a four course meal. The class will begin at 5:30 p.m. Parents are welcome to drop off their children and pick them up promptly at 7:00 p.m. or make a reservation for dinner in the Rathskellar.
As I write this newsletter on December 10th and as usual, the weather in Kentucky is day to day, cold one day and warm the next. It is still technically fall, but recent temps have made it seem like winter.

Out on the course some of you will notice some root pruning we are implementing to control the damage from the drought to certain Greens, Tees, Fairways, and Cart paths. I learned about this method from a Superintendent in Western Kentucky. We are basically severing feeder roots that are competing with the turf’s roots, thus allowing the turf to win the battle for nutrients and water. His results looked very promising and I hope ours will be as well. Please play these areas as ground under repair till they have healed.

We will continue our Tree planting program as the weather allows. We hope to install approximately 35-40 trees this winter in various locations around the course.

I again want to stress the importance of filling divots with sand and repairing ball marks on the greens. These practices will only improve your golf course in the spring.

Lastly, I want to wish everyone a safe and happy holiday season. And, that your stockings were been filled with joy and your hearts with love.

Yours in Golf,
Jim Cox, CGCS

$200 Dining Credit

During the months of January and February if you get a new member to join Arlington, we will give you a $200.00 dining credit. Just fill out an Information Request Card with the prospective member’s name, address and telephone number and we will be glad to send them a packet of information on Arlington. Information Request Cards may be picked up at Arlington or obtained by calling the office at 622-2200. So why not recruit a new member today and take advantage of the $200.00 dining credit?

I hope that everyone had a wonderful holiday season. As we enter 2009, I am looking forward to the many exciting events that will take place. At the time this article went to press, construction on the new golf shop is continuing forward. The trusses are now installed, and it will be under roof very soon.

The golf committee recently decided to close the golf shop on Mondays during the months of November, December, January and February. Closing the golf shop on Mondays during these colder months will provide cost savings for Arlington. The golf course will be open after 12:00 pm (noon) for walkers to play. The men’s and women’s locker rooms will also be closed during this time. If you need your clubs, please make arrangements to pick them up on Sunday.

The 2009 golf calendar will be mailed during January. Please notice the numerous new member events scheduled throughout the year. If you have any questions regarding a tournament, please call the golf shop. We will also be having women’s clinics, junior clinics, and short game clinics throughout the year.

As many of you know, I will be e-mailing tournament information as well as many other updates throughout the year. I have several e-mail addresses on file, but I would love to have each person’s e-mail address. Please send an e-mail to patrick.williams@eku.edu and I will have your address on file.

As the spring approaches, everyone will be getting ready for the upcoming year. Please remember that we are able to custom fit and order golf clubs for everyone. If you are interested in ordering new golf clubs or taking lessons to get ready for 2009, please give me a call or stop by the golf shop.

Patrick Williams, PGA
Head Golf Professional
Vineyard Club

Just a reminder about a wonderful amenity for our Arlington members. A Vineyard Club member can purchase wine at cost plus a 20% handling fee with a $125 annual fee. We store the wine and have it ready at your table when you come in to dine.

Call Jim Marsh for more details

622-2200

Standing Reservations

We will continue to honor all standing reservations, but as a courtesy to other members and guests, if you have a standing reservation and cannot make your reservation, please call so we can release your table. Thank you for your cooperation.

Pasta Night

Come join us on the first Tuesday of February for Pasta Night. There will be an all you can eat Pasta Buffet. The buffet will include a salad bar and a selection of breads. The price for the buffet will be $13.95 for adults. Pasta Night will be Tuesday, February 3. There will not be a Pasta Night in January due to Arlington being closed.

Prime Rib Night

Come join us every Wednesday for prime rib night. The cost is $1.25 per ounce (minimum 8 oz. cut). This also includes a House Salad, a starch or vegetable and rolls with butter.

Thirsty Thursdays

The first and third Thursday of January and February we will be featuring a drink of the night along with special pricing on all beers.

All U Can Eat Fried Cod

Every Friday Night is All U Can Eat Fried Cod Night at Arlington. The price is $11.95 per person. This includes a House Salad, a starch or vegetable and rolls with butter.

One Price All U Can Eat Sunday Brunch Buffet

Bring your family and join us on Sunday for the Sunday Brunch Buffet. The buffet features: an omelet station, salad bar, prime rib, Belgium waffles, seasonal fruit, yogurt bar, dessert bar and a variety of breakfast and lunch selections. For reservations, call 622-2200. Reservations are preferred. Prices: Adults $11.95; Children 10 & Under $6.95; 2 & Under Free.

News from the House

To ensure that your payment is posted to the correct account, please include the bottom portion of your statement that has your membership number on it with your payment or note your membership number on your check. This will help the office staff to better determine the correct member since we do have a few members with the same names. Thanks.

If you would like to have your statement e-mailed and have not signed up to do so, you can e-mail Marilyn Ballinger at Marilyn.ballinger@eku.edu.

Happy New Year from Arlington
### Board of Directors

**Ex-Officio**
- President: Dr. Doug Whitlock
- Arlington Treasurer: Debbie Newsom
- Representative, Faculty Senate: John Flanagan
- Athletic Director: Mark Sandy
- Provost: Dr. Rodney Piercey
- VP. Student Affairs: Dr. James Conneely
- Director, Alumni Relations: Jackie Collier
- Secretary of Board: April Pergram

**Alumni**
- Keith Daniel, 2007
- Donya Smith, 2006
- Scott Althauser, 2008

**Faculty-Staff**
- Chair of Board: Dean Allen Ault, 2007
- Jim Clark, 2008
- Rich Middleton, 2006
- Carrie Cooper, 2008

**At-Large**
- Ron Durham, 2006
- Lyle Cook, 2008
- Tim Stephens, 2007

### Arlington Staff

**Office**
- General Manager: Jim Marsh (622-2200)
- Office Manager: Marilyn Ballinger (622-2200)
- Office Associate: Paula Sharnell Hurt (622-2200)
- Food/Bev. Manager: Diane Welker (622-2200)
- Executive Chef: Robert Miller (622-2200)
- Service Director: Nicole Licursi (622-2200)
- Pool Director: Tim Cahill (622-2204)
- Tennis Pro: Laura Caudill (622-2257)
- Golf Pro: Patrick Williams (622-2207)

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